

Choudrant High School Spirit Groups Constitution

Revised Spring 2016



**Participation Guidelines for
Blue Angels
Varsity Cheerleaders**

Spirit Group Constitution

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Choudrant High School Spirit Groups Constitution: Rules and Regulations

ARTICLE I: Name of Organizations

The two spirit groups at Choudrant High School shall be known as the Varsity Cheerleaders and the Blue Angels Dance Team.

ARTICLE II: Objectives

The objectives of the spirit groups are:

- A. to promote school spirit and a feeling of loyalty to Choudrant High School.
 - B. to develop and maintain a spirit of fair play and good sportsmanship during sporting events and at any other time when called upon for other school activities.
 - C. to provide opportunities for participation in an experience which emphasizes responsibility, cooperation and teamwork.
- Participation in school activities teaches that it is a privilege and an honor to represent one's school. Extracurricular activities constitute a part of the right kind of "growing up" experiences for students. Participants learn to accept success and failures, gain poise and confidence, achieve tolerance and understanding of others, and gain the self-satisfaction of accomplishing goals. Under a well-administered school program, students and spectators become better citizens through participation and observation of activities conducted under established rules.

ARTICLE III: Qualifications

- A. Varsity Cheerleaders and Blue Angels must be enrolled in grades 9-12 at Choudrant High School during the year in which they serve.
- B. A 2.0 cumulative GPA and each candidate must be passing all of their classes (no failing grades) is required for the current school year at the time of tryouts, and a 2.0 GPA must be maintained each grading period (including progress reports) with no failing grades.
- C. All candidates may have no more than **one** in-school suspension and **no** at-home discipline suspensions.
- D. All candidates must participate in tryout workshop prior to the week of tryouts and have required paperwork turned in to be eligible.
- E. All candidates must have parents/guardians' consent. A signed permission slip is required.
- F. All candidates and their parents/guardians must accept financial responsibilities.
- G. All previous cheerleader/Blue Angel/Pep Squad debts must be paid in order to try out.
- H. A spirit group member who quits or is kicked off a squad is NOT eligible to try out the following year.
- I. A girl that is actively involved in varsity basketball may not try out for cheerleader or Blue Angel.
- J. All candidates must be in good health and pass a physical to be part of a spirit group.
- K. All members are required to take Athletic P.E. if it is offered.
- L. All members must accept and sign a consent form to abide by the rules and regulations set forth by the Spirit Group Constitution.
- M. After three consecutive years of team service a girl may not have to try out for the team their senior year as long as they had no more than 6 demerits their junior year and fulfill all of the above criteria.
- N. No **visible** tattoos or body piercing of any kind. Visible is understood to be while in performance uniforms.

ARTICLE IV: Participation

- A. The spirit groups are voluntary organizations, and no girl should participate unless she and her parents feel that she can and will meet the standards set up in this constitution for the spirit groups.
- B. The articles in this Constitution shall govern the CHS Spirit Groups at all times. Each member is responsible for knowing the content contained herein. No excuses will be accepted for lack of knowledge of any item which is stated in the Constitution.
- C. Portions of this Constitution may be changed at the discretion of the principal and the sponsors at any time because the spirit groups are school-sponsored activities.
- D. The Spirit Group Advisory Board will work on all problems that arise and are not covered by the Constitution. This committee is made up of administrators, sponsors and selected faculty members. The committee will be responsible for making all final decisions concerning constitutional changes, probation, and dismissal, which are not the direct responsibility of the sponsor.
- E. Spirit groups may choose to participate in competition. Members involved in competition must fulfill their regular responsibilities to their groups first. Competitions will require additional days of mandatory practices and additional financial responsibilities. One of the current spirit groups uniforms will be used for competition. Regional competitions typically take place in November and December with competitions taking place in January and February. Travel and additional fundraising are expected of competition groups.

ARTICLE V: Conduct/Expectations

- A. Spirit Group members are expected to:
 1. Maintain desirable moral character at all times on and off campus, for example- good sportsmanship, positive attitude, refraining from substance use, gossiping, sexting and bullying.
 2. Be willing to sacrifice personal gain for the sake of the school as participation is voluntary.
 3. Abide by all rules and regulations set forth in the Constitution.
 4. Behave in a lady-like manner and extend common courtesies to sponsors, other members, and visitors at all times.
 5. Exhibit classroom and campus behavior should be an example for all to follow.
- B. Attend pep rallies, whether they are performing or not. Exceptions will be allowed only by pre-arrangement and approval of the advisor.
- C. A member may be eliminated from performance if she isn't performing up to standard according to the sponsor and coach. The sponsor or coach has the authority to remove from performance any member who fails to learn the routine or cheer such that her participation would adversely affect the group's performance.
- D. At performances where space is limited or for special competitions, the director has the authority to limit the performance to those dancers/cheerleaders who perform the best.
- E. Game Behavior:
 1. Act so as to uphold the reputation of the school and the spirit groups.
 2. Show respect for officials, players, fellow students, and opposition.
 3. Avoid name-calling of the opposition or the officials.
 4. Do everything as a team, a unit.
 5. Stand or sit in a spot designated by the sponsor.
 6. No member will be excused temporarily, except in emergency. The sponsors must grant excusal if necessary.
 7. Cheering must be done as a group. Cheerleaders will lead chants and Blue Angels will accompany them. All members must know and do motions to chants. Focus on the game at all times.
 8. NO talking to boys, parents, friends or other spectators during the game. Visiting with others will only be allowed during breaks designated by the sponsors.
 9. All members should arrive at least 15 minutes prior to game time or earlier if desired by sponsor.
 10. All spirit group members should return from a break with 1:00 remaining on the clock. Failure to return on time from breaks results in demerits.
 11. If a member assigned a game suspension, she must attend the game in uniform and sit in a designated spot designated by the sponsor. You may not text or visit with friends. Remember this is a punishment not a free-pass.
- F. Attendance and Trips
 1. All excuses for absences from meetings, practices or performances must be written and signed by a parent or guardian. The reason for absence must be stated and must be approved by the sponsor. Except in emergencies, **these excuses must be submitted prior to the activity (noon the day before)**. All doctor's excuses must be turned in within three days of returning to school. Excused absences will be granted for illness, death in the family, or school-related activities only. Extenuating circumstances will be judged by the sponsor. If a member does not turn in excuses as expected, demerits will be assigned. If a member cannot make it to a practice, game or other function, she or her parent should notify the school or the sponsor **ahead of time** by phone, email, or note in order for the absence to be excused.
 2. A member must be present at least half of the school day and at practice in order to participate in a performance. (The only exceptions will be pre-arrangement with the advisor or **doctor's excuse—must be signed by the doctor stating you may perform/cheer.**) **The right to perform is forfeited for absenteeism even for excused absences.**
 3. For each unexcused absence (from practice or game/performance) a member is assigned 6 demerits or be suspended from the next game. The decision will be made at the discretion of the sponsor. If a member has 2 unexcused absences she will be dismissed.
 4. During basketball season (mid- October through mid-March) attendance at all spirit group practices and basketball games are expected even for other sporting events including softball, track and tennis practices or games. A member may choose to use their unexcused absence to attend one of those above events.
 5. Three (3) tardies constitutes one unexcused absences. After 5 minutes, a member is assigned a tardy and one (1) demerit. After 15 minutes, a tardy becomes an unexcused absence.
 6. Seniors are responsible through the end of tryouts each year. If for any reason any senior is not able to fulfill her duties she will be assessed a \$50 penalty for each occurrence. The fine(s) must be paid before graduation. After regular season (during playoffs) is complete each demerit for outgoing seniors can be assigned as kicks, running, toe touches, or \$5 per demerit.
 7. A member must be dressed in the proper uniform and arrive at a game at the time designated by the advisor.
 8. A member must attend all home basketball games, and any other games that are designated by the advisor and be able to attend ball games, when necessary, on school nights. This includes any playoff games.
 9. All members must attend, whether they are performing or not. Exceptions will be allowed only by pre-arrangement and approval of the advisor.

10. All members will travel to and from all away functions as a group. Any exception must follow the following travel request policy:
- A travel request form must be obtained from the advisor.
 - Obtaining the travel request form will be the responsibility of the individual member.
 - The travel request form must be submitted one day prior to the date of travel
 - Permission will be granted or denied by the advisor and the principal.
 - The travel must be in the company of a parent only.
 - Other arrangements may be made only under extenuating circumstances with prior approval from parent, sponsor AND principal.
 - A member must be in the company of the advisor or advisor-approved adult at all times.
 - If no bus is provided, transportation will be approved by the advisor.

G. Demerit system

- The sponsor or coach will determine the most appropriate disciplinary action for violations of rules. Members will be notified when they receive a demerit. Sponsors have the discretion to assign multiple demerits for infractions. In addition to demerits, sponsors may assign toe touches, kicks or running.

10 Demerits=Ineligible to try out the next year
12 Demerits=Removed from squad automatically

❖ One (1) Demerit can be assigned for the following (included but not limited to. . .)

• Bad attitude	Complaining
• Continuous talking during practice/game	Chewing gum during practice/game
• Showing poor sportsmanship	Late payment
• Forgetting poms, shoes, bow, etc.	Tardy to Athletic PE
• Disrespectful to squad members/authority figures	Lack of spirit during games
• Cell phone rings during practice/game	Using cell phone without permission
• Failure to return on time after a break (1 st time)	Failure to show report card to sponsor
• Not performing tasks that have been asked of you	
• Not being prepared for practice after an absence	
• Failure to learn the dance/cheer one practice after it is taught	

❖ Two (2) Demerits will be assigned for the following:

• Continued talking
• Failure to dress in full uniform (first time)
• Failure to return on time after a break (second time)
• Showing poor sportsmanship
• Consistent failure to cheer
• Failure to have parents pick you up on time (excess of 15 minutes)
• Wearing conspicuous jewelry
• Eating or drinking during the game without permission
• Failure to turn in money, excuses, report card (within one week), permission slip, etc., on time

❖ Three (3) Demerits will be assigned for the following:

• Disrespectful to the sponsor, coach or any authority figure
• Any physical display of anger towards another member
• Leaving practice or sidelines/stands without permission from sponsor or captain
• Failure to dress in uniform for a second time

H. DISMISSALS

- A member may be dismissed from a spirit group for any of the following reasons.
 - Deliberately ignoring or disobeying sponsor or person in charge
 - Possession of tobacco, drugs or alcoholic beverages while in uniform
 - Being convicted of a misdemeanor or felony, with the exception of minor traffic violations. This includes shoplifting, DWIs, possession of alcohol/drugs, etc.
 - At-home suspension
 - More than one in-school suspension

- Becoming pregnant
 - Attending a ballgame out of uniform (as a spectator).
 - Using improper language or gestures.
 - ANY behavior unbecoming of a member. Examples are posting inappropriate pictures (nudity, alcoholic beverages, tobacco products, etc) on websites, the internet or through the use of an app or for any other reason deemed appropriate by the administration. This suspension is not necessarily based on behavior during school hours or functions.
 - Any member that is arrested will be suspended immediately pending further investigation.
 - Any member receiving a discipline referral or in-school suspension will receive an automatic suspension for one game but will attend in uniform.
 - Any member who consumes alcohol or tobacco at anytime will receive at least a 2 game suspension.
 - Any member who has 2 unexcused absences.
2. For any dismissal from the team, the member will not be allowed to try out the following year.
 3. All matters of dismissal will be the sole responsibility of the Spirit Activities Committee .
 4. The Spirit Committee has the right to remove a member at any point and time if her attitude is considered to be a detriment to the team as a whole.
 5. If the situation does not merit dismissal, 6 demerits will be assigned for the offense. The Spirit Activity Committee will decide if the situation merits dismissal.

I. GRADES: **Members must maintain a 2.0 GPA throughout the school year and pass all of their classes (no failing grade).**

1. If a member does not have the above qualifications (at progress report time or report card time), she is on **academic probation.**
 - a. Progress Reports
 1. Academic probation requires grades to all be passing within 2 weeks of the progress report being issued
 2. If passing grades are not obtained within 2 weeks, she is required to attend all practices and home games in appropriate uniform and sit with the sponsor for the remainder of the grading period until all passing grades are achieved.
 - b. Report Cards
 1. Academic probation will begin immediately which requires grades to be checked every two weeks for all classes.
 2. She is required to attend all practices and home games in appropriate uniform and sit with the sponsor for the remainder of the grading period.
2. A member is allowed only one academic probation in a season. On the second offense member will be removed from the squad by **academic dismissal** and is not eligible to try out the following year.

J. Any member not willing to give her time and service to the organization may be brought before the sponsor and/or administration to determine if punitive action should be taken.

K. Any infraction not covered by the Constitution will be submitted to the administration to determine whether the guilty party will be punished.

ARTICLE VI: Practices/Camp

- A. All members will be required to attend practices during the school year and in June before camp.
- B. All members must attend summer camp.
- C. Practice sessions are closed to non-members.
- D. Added practices are sometimes necessary even after the calendar is published due to foreseen activities or gym availability.
- E. No vacations should be taken before camp or during the basketball season if at all possible.
- F. Jobs, appointments, etc., must be scheduled around tryouts, practices and summer camp. Hair, doctors, dentists, orthodontist, and tanning bed appointments are NOT excused.
- G. If a member does not attend pep rally practice, she may not participate or perform in the pep rally in any form (routine, skit, game, etc.)
- H. Any member with injuries or minor illnesses is expected to attend all practices and observe. Exceptions will only be allowed by pre-approval of sponsor.
- I. Practice times and dates will be determined by sponsor, coach and captains. Members will receive calendars and as much advance notice of practices as possible.

- J. Coach , sponsor and/or captain will be in charge.
- K. Time and length of sessions to be determined in view of the needs for current performance.
- L. In event of extra practices and performances, all members are to be present unless properly excused.
- I. Tennis shoes, or other sponsor approved shoes must be worn to practice. No one will be allowed to participate in unsuitable shoes.
- J. Gum chewing or any other form of food will not be allowed at practice nor games.
- K. Jewelry is not to be worn during practice. Jewelry is defined as rings, watches, bracelets, or necklaces.
- L. Failure to comply with the rules and regulations will constitute suspension from the next game.

ARTICLE VII: Financial Responsibilities

- A. Prior to tryouts, all parents/guardians will be made aware of financial expectations for the spirit groups. They must accept those responsibilities in writing prior to tryouts. All previous cheerleading/Blue Angel debts must be paid prior to tryouts.
- B. Fees may be paid in full or through a payment plan designated by the sponsor. Payments will begin immediately following tryouts. Parents must sign financial responsibility form prior to the first day of work week during tryouts. 5 post-dated checks must be turned in by a day selected by the sponsors these will then be held in the school safe and deposited on those dates pre-designated by the sponsors.
- C. Before the last day of school prior to summer, all camp and camp clothing expenses must be paid. All other fees must be paid in full by the first home basketball game of the year in which the student is participating.
- D. Required items for purchase such as uniforms, shoes, camp clothes, etc. will be expected of all members. The sponsor will provide an itemized list of expected purchases. A payment plan will be provided at tryouts as well.
- E. A coach/choreographer will be hired to work with each group. The expected cost per member is \$30 per month which is included in overall expenses.
- F. Failure to pay on time will result in demerits.
- G. If a member's check is returned, the school will require her to pay by cash or money order only.
- H. Any cheerleader/Blue Angel who quits at any time (including before camp) will be required to pay all remaining debts as soon as possible, including uniforms, poms, shoes, camp registrations and clothes, coaching, and any other items ordered for that girl, etc.
- I. Fundraising opportunities to cut down on expenses should be parent organized. Some fundraisers will raise money for individual accounts while other will raise money for the general or spirit fund. Each Blue Angel/Cheerleader and her parents/guardians can choose not to participate in individual fundraisers, but they are responsible for covering all expenses from personal funds. If the fundraiser involves ticket sales, every Blue Angel/Cheerleader must sell the required amount or is expected to purchase the tickets.

ARTICLE VIII: Captains and Co-Captains

- A. The Captain and Co-Captains will be selected based upon essay/application completion, teacher recommendation and secret ballot of the squad and the sponsor. Organizational skills, ability to work effectively with others, respect others, attendance and dedication to CHS are some of the factors considered.
- B. To be eligible for captain or co-captain you must have and maintain at least a 2.5 cumulative GPA. If the GPA drops below a 2.5 for any grading period or accumulates 6 demerits the member loses leadership status for the *remainder of the year*.
- C. The positions available will be:
 - 1. Captain—must be a senior unless no senior cheerleader/dancer can effectively fulfill the duties. Only juniors or seniors may serve as captain unless no junior or senior is on the squad. Then the position may be filled by a sophomore. The captain must have been on the squad for at least two years prior to selection.
 - 2. Co-Captains—may be juniors or seniors; two (2) may be selected. Freshmen may not serve as co-captains. The co-captain must have been on the squad for at least one year.
- D. Responsibilities of the Captain:
 - 1. Carry out and support the instructions and decision of the sponsor and organization in a timely manner.
 - 2. Check with the sponsor about travel arrangements, practice schedules, pep rally plans, uniforms to be worn, travel arrangements, etc BEFORE any decisions are made.
 - 3. Inspect uniforms
 - 4. Be in charge of the squad during any performance.
 - 5. Responsible for maintaining school dignity
 - 6. Report all infraction of rules and regulations to sponsor (failure to do so will constitute suspension from the next game) for sponsor to determine punishment.

7. Maintain calendar of practices, due dates, uniform schedule that is to be distributed monthly to squad (maybe typed or handwritten).
 8. Act as spokesperson for the squad.
 - a. All grievances go through sponsor to administration
 - b. Squad wishes must be approved by the sponsor one (1) week before date of activity
 9. Will be responsible for all needed equipment
 10. Will dismiss team at the game for half-time preparations after consulting with the sponsor
 11. Will be responsible for setting the example for the squad.
 12. Make phone calls about practice times, uniforms to be worn, etc.
 13. Call chants during a game. (cheer captain only)
 14. Initiate pep rally planning and inform sponsor of any needed items at least 1 week in advance.
 15. Encourage and model responsibility, school spirit, and teamwork.
- E. Responsibilities of the Co-Captain(s):
1. Assist Captain with duties
 2. Carry out instructions of captain and sponsor
 3. Relay information and instructions to the other members of the squad when instructed to do so.
 4. Always be willing to support the decisions of the sponsor and the captain.
 5. Will be responsible for setting the example for the squad.
 6. Encourage and model responsibility, school spirit, and teamwork.

ARTICLE IX: Tryout and Selection Process

- A. Each candidate must be enrolled at CHS since at least the beginning of the spring semester and in grades 8-11.
- B. Each candidate is required to attend tryout workshops. They must be on time, attend every session unless previously approved by the sponsor. Hair must be pulled back away from the face. Parents are not allowed to attend
- C. All candidates will receive teacher recommendations from the CHS faculty and that score will tally in with their tryout score.
- D. Blue Angels--Various dance skills, one dance routine and personal qualities will be assessed during tryouts.
- E. Cheerleaders-- Judges' score sheet will be comprised of overall appearance, smile/personality, project/voice, spirit/enthusiasm, dance, jumps, sharpness, individual cheer, group cheer, tumbling, and stunting.
- F. Team members will be selected by a panel of three qualified, impartial judges. There will be no audience. Also, because of limited space in the warm-up area, parents, and friends are not allowed inside the gym at anytime during the tryouts. Candidates must leave the gym immediately following tryouts.
- G. A list is made of each participant's number and score from the highest points scored to the lowest points scored. Major breaks in scores are noted. The judges and sponsors, using their discretion, may select any number of Blue Angels/Cheerleaders. Once a cut-off point has been selected, all girls above that point become Blue Angels/Cheerleaders; all girls whose scores are below that point will not be placed on the squad. There will be no alternates selected or named. However, the judges' results will be kept on file for future reference.
- H. CHEER only—If a squad member drops prior to the end of the spring semester, the next girl in line with the most points can be added to the squad. If a member drops after the spring semester ends, no one will be added to the squad.
- I. Current year Spirit Group members will receive in 5 bonus points at tryouts.

VARSITY CHEERLEADERS

ARTICLE X: Introduction

In addition to the Spirit Group Constitution, the Cheerleaders will be governed by the rules and regulations set forth in this section.

The main purpose of the CHS Cheerleaders is to serve as a spirit group with competition being a choice of each year's squad. Squads that compete are still to place their spirit group duties first.

ARTICLE XI: Member Expectations

- A. Attend home and away basketball games including all playoff games
- B. Plan pep rallies.
- C. Paint banners.
- D. Perform cheers, chants and dances for pep rallies and games. Cheerleaders will be limited to 3 performances (dances) during the season. Stunting and/or tumbling should be included in these performances. Typically breakout, homecoming, and senior night and their respective pep rallies. According to tradition the cheerleaders and dancers perform together a Christmas dance which is NOT counted in the three performances/dances.
- E. Attend summer camp.
- F. Attend all practices during the summer prior to camp and during the school year.
- G. Participate in other activities such as parades, Christmas party, Spirit Clinic, fundraisers, etc.
- H. Purchase and wear the required uniforms and camp clothes.
- I. Notify sponsor before any decisions are made.
- J. **Engage crowd at all events.**

ARTICLE XII: Uniforms

- A. Each cheerleader will purchase and wear the regulation uniforms chosen by the sponsor and adopted by the squad.
- B. Hair is to be worn out of the face (with bobby pins if necessary) in a ponytail with a bow attached.
- C. NO jewelry is to be worn at all. This includes stud earrings, belly button rings (while at practice and game), watches, bracelets or rings.
- D. Some cheerleaders will be able to purchase used uniforms from the sponsor. If a used uniform is not available, a cheerleader may have to purchase new uniforms. Cheerleaders will be responsible for altering used uniforms to fit.
- E. Uniforms will be replaced when they look worn or when the sponsor sees the need for a new style/fit. The squad will wear a uniform for 4 years before retiring it.
- F. Cheerleaders who purchase new uniforms are expected to sell them to the sponsor when needed.
- G. A warmup suit will be purchased for wearing to games during cold weather. These may also be purchased used.
- H. Varsity Cheerleaders will use megaphones and pompons as part of their uniforms.
- I. Varsity Cheerleaders will have no more than (3) uniforms at one time.
- J. Individual members will be responsible for replacing any part of the uniform that is lost or damaged.
- K. Final decision for the purchase of all uniforms will be made by the advisor.
- L. A member not dressed in the proper uniform will not be allowed to participate in the activity and/or performance and demerits will be assigned

BLUE ANGELS

ARTICLE XIII: Introduction

In addition to the general Spirit Group Constitution, the Blue Angels will be governed by the rules and regulations set forth in this section. The Blue Angels are a spirit and dance group for Choudrant High School with competition being a choice of each year's squad. Squads that compete are still to place their spirit group duties first.

ARTICLE XIV: Uniforms

- A. The term "uniform" will refer to all performance uniforms, all casual uniforms, camp clothes, shoes, socks, tights, leotards, bloomers, gloves, or pompons. The term "in uniform" will refer to the entire time spent at a ballgame, pep rally, or other related function.
- B. Expenses of all uniforms will be the responsibility of the individual member.
 1. You may be given the opportunity to purchase used uniforms if available. Others will have to purchase new uniforms because of size/fit or lack of availability of a used uniform. Blue Angels are responsible for altering uniforms to fit appropriately.
 2. A uniform depreciates in value approximately one-fourth each year it is worn. A uniform that costs \$110 the first year will cost \$83 the second year, and \$62 the third year. Uniforms will be replaced when they look worn or when the sponsor determines the need to purchase a new style/fit. The squad may replace a uniform if it has been worn for at least four (4) school years.
- C. Jewelry, as defined above, is not to be worn while in uniform.
- D. No gum chewing will be allowed while in uniform.
- E. Excessive fingernail length will not be allowed. The length should not present a chance of injury to the members or the dance partner(s). Fingernail polish should not be used at all while in uniform unless it is clear or part of the uniform.
- F. The hair length or style should not interfere with the team-partner's hook-up. Hair products that may stain the uniform are not to be used.
- G. Uniforms should be neat and pressed at all times and cleaned immediately after a game, if necessary.
- H. Individual members will be responsible for replacing any part of the uniform that is lost or damaged.
- I. Final decision for the purchase of all uniforms will be made by the advisor.
- J. A member not dressed in the proper uniform will not be allowed to participate in the activity and/or performance.

ARTICLE XV: Game/Performance Rules and Responsibilities

- A. If a Blue Angel is absent or sits out from practice for the day before a performance, she may not perform the routine.
- B. If a Blue Angel sits out because of illness more than one day, she will not be able to perform that week.
- C. Any Blue Angel eliminated is required to tryout for the performance in which the practice is being held on the day before the dance is to be performed. If the sponsor, officers, and choreographer agree she still cannot correctly perform the dance, the Blue Angel will not be allowed to perform.

ARTICLE XVI: Member Expectations

- A. Attend home basketball games including playoff games
- B. Assist with pep rallies.
- C. Perform chants and dances for pep rallies and games.
- D. Attend summer camp.
- E. Attend **all** practices during the summer prior to camp, summer workouts and practices during the school year.
- F. Participate in other activities such as parades, Christmas party, Spirit Clinic, fundraisers, etc.
- G. Purchase and wear the required uniforms and camp clothes. These camp uniforms will be worn throughout the school year for practices. Do not loan these uniforms to anyone.
- H. Notify sponsor before any decisions are made.
- I. **Assist with crowd engagement at all events.**

Choudrant High School Spirit Groups Constitution: Rules and Regulations

Member Consent Form

I, _____, certify that I have read and understand what will be expected of me as a Choudrant High School Spirit Group member, I agree to abide by the rules and regulations set forth in the Spirit Group Constitution. I understand what consequences I will face for violating rules and regulations. I promise to do my best to uphold the Constitution along with all Choudrant High School rules during my term as a cheerleader/Blue Angel. I understand that I am a representative of Choudrant High School and do my best to act accordingly during school hours, at school functions, and while in public. Whether in uniform or not, I will work hard to set a good example of school spirit, teamwork, and responsibility for my peers and my community.

Student Signature _____ Date _____

I, _____ parent/guardian of _____, have read the Spirit Group Constitution and understand what is expected of my child. I understand what consequences my child will face for not following the rules and regulations.

Parent/Guardian Signature _____ Date _____